



Winter Sensory Adventure

Introduction

This month we're going to explore the sights, sounds, smells, and feel of winter! In this activity, we'll discover all the things that make this season unique while using our AAC devices to share what we think.

Equipment

Scents: pine branches, cinnamon sticks, peppermint oil
Textures: soft scarf, rough pinecone, cold ice pack
Sounds: jingle bells, crinkling paper, winter music
Visuals: pictures of snowy scenes, starry skies, warm lights, Christmas trees
Tastes: peppermint candy canes, hot chocolate

Vocabulary

Core Words:

feel, like, do, don't, bad, good, different, look, help, out, big, little, put, want, more, make, happy, I, it, me, my, that, want, what, you

Fringe Words:

cold, soft, smell, sound, taste, touch, warm, bright, dark

What to do

Here are some ideas for exploring the different winter senses!

Pass around pine branches, cinnamon sticks, or peppermint oil.

Use your AAC device to model reactions, such as *"I like," "smells good,"* or *"don't like."*

Pass around a soft scarf, rough pinecone, and cold ice pack.

Use your AAC device to model descriptions like *"soft," "cold," "different,"* and *"feel."*

Create some wintry sounds using jingle bells, crinkling paper, or winter music.

Use your AAC device to model words like *"loud," "soft," "good,"* and *"want more."*

Show images of snowy pictures, twinkling stars, and winter lights and illuminations.

Use your AAC device to model phrases such as *"look at that," "it's bright,"* or *"dark."*

Try some wintry foods like candy canes, hot chocolate or mince pies.

Use your AAC device to model some reactions, such as *"like," "don't like," "sweet,"* and *"good."*

Encourage everyone to share what they liked or didn't like.

Use your AAC device to model phrases like *"I like cold," "that was soft,"* or *"want more."*

Sentence Ideas	Language Functions
<p>1 Word Level: feel, look, like, don't, good, big, little</p> <p>2 Word Level: feel soft, like smell, don't want, look at</p> <p>3 Word Level: I like it, feel it's cold, don't like smell</p>	<p>Describing: "it's soft," "feels cold," "smells good."</p> <p>Requesting: "want more," "help me," "let's look."</p> <p>Commenting: "I like this," "that's big," "it's different."</p> <p>Refusing: "don't want," "don't like," "not for me."</p> <p>Interjections: "wow", "br", "yum", "yuck", "mmm"</p>
<p>Generalisation</p>	
<p>These sensory words and phrases can be used in other sensory activities throughout the year!</p>	